

Report For: Miss Nutrition

Elise Dulhanty



Phone:

Fax:

Email:

Website:

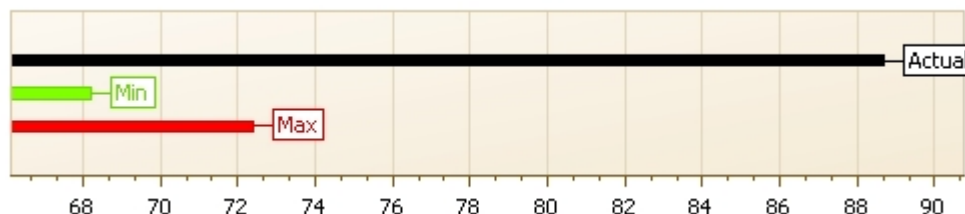
Practitioner: Admin System

Patient Data

Resistance (R): 483 Height (cm): 177 Wrist (mm): 159 Gender: Female
Reactance (Xc): 53.5 Waist (cm): 91 Frame Size: Medium

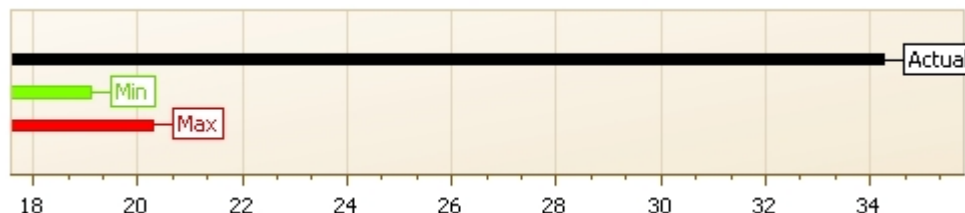
Weight

Weight (kg): 88.70
Ideal Weight (kg): 70.30
Skeletal Tissue (kg): 8.44
Body Mass Index: 28.31



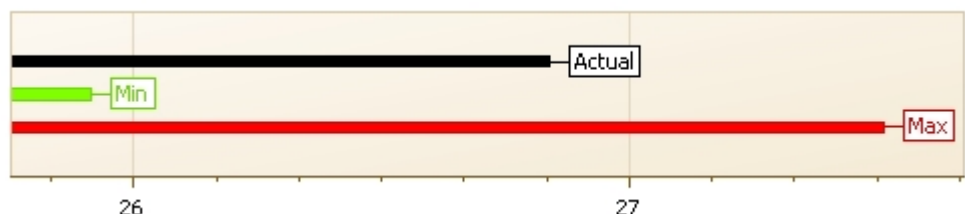
Fat Mass

Fat (kg): 34.27
Ideal Fat Mass (kg): 19.68
Difference from Ideal (kg): 14.59
% of Total Weight: 38.64%
% of Ideal Fat Mass: 174.10%



Active Tissue Mass

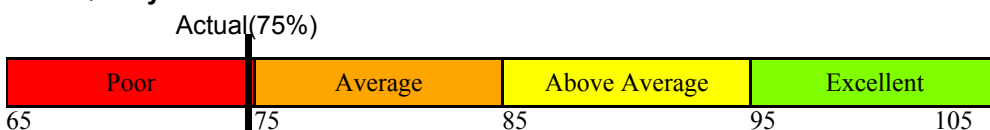
ATM (kg): 26.84
Ideal ATM (kg): 26.71
Difference from Ideal (kg): 0.13
% of Total Weight: 30.26%
% of Ideal ATM: 100.47%



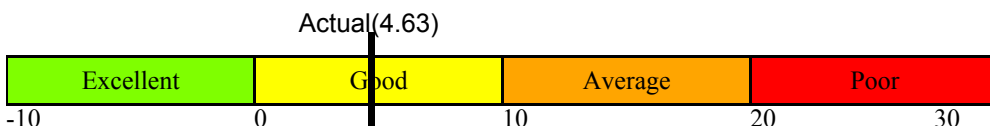
Optimal Health Indicators

Phase Angle: 6.32
% of Avg. Phase Angle: 96%
Patient Age: 35
Biomarker Index: 42
Fat/Muscle Ratio: 1.28
Fat Distribution: High Risk

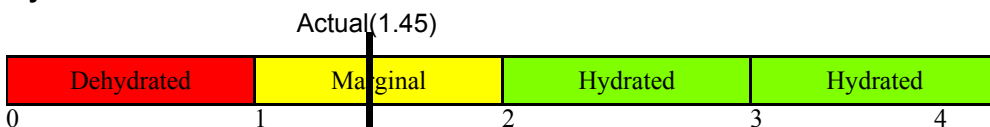
ATM Quality Index



Cellular Fluid Balance



Hydration



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Fluid Balance

Total Body Water (litres)	38.65	Intracellular Water (litres)	19.11	Extracellular Water (litres)	19.53
Total Body Water %	43.57%	Intracellular Water %	49.46%	Ideal ECW (litres):	15.47
				Extracellular Water %	50.54%

Optional Assessment:

Metabolic Risk

Nutritional Requirements

Energy (calories)	1813	Calorie Adjustment	0
Energy (kilojoules)	7590	Selected Nutrition Ratios	
Protein (g)	0	Protein %	0%
Carbohydrate (g)	0	Carbohydrate %	0%
Fat (g)	0	Fat %	0%
Water (litres) (minimum)	1.74	Date Created	16-Nov-2012

***Add 1 litre per hour of exercise.

Comments:

Note:

This report is for educational purposes only and should not be used to diagnose any medical condition